

# DAY TRIPS AT DHL

## ARROWHEADS IN THE REGION



**R**obert and Shirley Sturgill retired to the Dale Hollow Lake area many years ago and love the outdoors. They love to fish, hunt, and boat, have family over, and spend time with their grandchildren. One of their greatest passions is collecting arrowheads. They have collected arrowheads for over twenty years in the Dale Hollow Lake region and have a knack for finding them. Robert's eyes just light up when he starts talking about them and he is proud to show off his collection. Now I've never had the good fortune of finding an arrowhead, even though I am always looking down for something special when I am hiking. My belief is that hunting for arrowheads is somewhat like hunting for a four leaf clover, it takes a trained eye, a bit of luck or talent or a special gift from God to find that special arrowhead or that four leaf clover. My late Oma from Germany or my niece Delaney

could/can look down at a field of clover and find a four leaf clover almost immediately.

These arrowheads date back hundreds of years and have been resting all around us waiting to be discovered. The best time to collect arrowheads is after a rain, or when a field or area has been freshly plowed. Plowed fields along creeks and rivers, as well as river banks and dry lake beds are the most popular places for hunting relics, since early inhabitants built their villages and hunted in these areas. It is a great love/hobby of the Sturgill's. They spend many hours per month trying to find that special treasure to add to their collection. They have collected antique fishing lures, tools, buttons and weaponry from the civil war era, stirrups, old money, indigenous people artifacts and lots and lots of arrowheads.

Displaying the arrowheads is also an art. Those who do collect often trade out their arrowheads for others among the wide network of collectors around the world. Most folks have special wood cases made to display their special treasures. You can find several craftsmen in the region who construct these cases out of special wood, such as oak, cherry and pine. Now what constitutes a great arrowhead over a mediocre arrowhead? The thinner the arrowhead, the older the arrowhead is. The indigenous people used arrowheads for weaponry, knives, tools and many other uses. The different tribes had different forms and different colors, due in part to the different materials available to them to create the arrowheads, and what region of the world they were found in.

There are reference books that will allow you to learn more about arrowheads, or points as they are called in the professional world, such as the seventh edition of Overstreet's Indian Arrowheads, by Robert M. Overstreet. This reference book will explain to you the 8 forms of arrowheads and how to classify an arrowhead. Folks who collect arrowheads treasure each day following a rain, as they know that their treasures are just waiting for them in that field or bank somewhere.

There are displays of arrowheads around the region such as at The Farmhouse Restaurant, Bailey's Moodyville Country Store and the Sturgills. Some points to make your arrowhead hunt successful and enjoyable; make sure that you ask permission before going on someone's property and keep in mind that collecting artifacts off of Corps of Engineers property or other public lands is not allowed. Happy Hunting!

## THE CORDELL HULL BIRTHPLACE STATE HISTORIC PARK



**T**his Park is one of the true gems in the State of Tennessee. Ms. Robin Peeler, Park Manager, has been very instrumental in creating some projects and completing others that make this a great destination for an afternoon of fun.

The newest addition to the beautiful park is a period correct Kitchen Garden as part of the park program. A small group of volunteers along with the park staff planted the garden in May, and then attended to it regularly throughout the growing season. Period fencing surrounds the kitchen garden and you can find plants from the era that depict

the way it was in years gone by complete with a scarecrow to help deter pests. During the Cordell Hull Festival in May of 2008, Judy Stearns dressed in period attire and tended to the garden, answering questions from some of those in attendance and lending authenticity to the exhibit.

Bunkum Trail continues to be a hit and the complete trail encompasses about 2 miles with the shorter trail being about 1.5 miles. These well groomed trails are an easy to moderate hike and will take you down to Cordell Hull's father's cave, where it is alleged that he made moonshine to support his family and his son, Cordell's, education. There are beautiful benches placed all along the way. The hiking trail is open year round and some of the best hiking is in the fall and early spring. In the fall you can enjoy the brightly colored foliage and crackling of the autumn leaves on the forest floor, and see through the vegetation to the world that lies beneath and beyond. In the spring as the soil begins to warm, you can enjoy the first blossoms bursting forth, such as the indigenous May apple, jack in the pulpit, cardinal flower, fire pink, tooth wort, Christmas ferns, Redbud, Dogwood and more along the route with the new vegetation seeming to grow before your eyes.

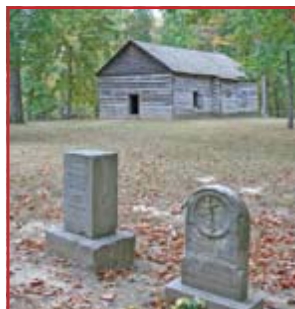
Make sure to visit the Cordell Hull Website, [www.friendsofcordellhull.org](http://www.friendsofcordellhull.org) and check out their spring wildflower walks, guided by park staff. If you visit in 2009, you might see a major addition being made to the Cordell Hull Museum. They will be starting an addition to house the artifacts in a new state-of-the art facility, with storage, a research area and climate control area for these valuable artifacts that Cordell Hull willed to the citizens of Pickett County which are managed by the non-profit "Friends of Cordell Hull" group.

Another noteworthy item of interest, famous singer/songwriter Mark Elliott was so inspired by Cordell Hull's life and accomplishments following a visit to the museum in summer of 2007, he wrote a song called "Cordell". It is now on his latest CD — "GOOD LIFE" released by Cub Creek Records and on a fundraising CD for the Friends of Cordell Hull that will be available for purchase through their website in the near future. Mark's goal is to increase the awareness of Cordell's work in the world, especially his role in the United Nations. Also, the Cordell Hull State Park was recently invited to speak at a chapter of the United Nation's Association luncheon in Nashville where Park Manager Robin Peeler gave a speech about Cordell Hull and his role in founding the United Nations. This partnership between the state park, the Friends group, and this United Nations' Chapter will allow a greater outreach to share his story, his great works and touch the lives of school groups and citizens of this country and the world.

Cordell Hull was appointed Secretary of State by President Franklin D. Roosevelt in 1933 and served until 1944, longer than any other secretary. He was given the sobriquet "Father of the United Nations" by Roosevelt. In 1945 he was awarded the Nobel Prize for Peace for his role in establishing the United Nations.

The Cordell Hull Birthplace and Museum loves to host school groups, church groups, women's groups and more. They can also accommodate small meeting groups, women's retreats and family reunions. Please call ahead and let Park Manager Robin Peeler know that you are coming, to insure a guided tour! The park hours are 9:00AM-5:00PM April through October and 9:00AM-4:00PM November through March, 7 days a week. Tel: 931-864-3247 or website, [www.friendsofcordellhull.org](http://www.friendsofcordellhull.org)

## OLD MULKEY MEETING HOUSE



**I**n the late 18th Century, around 1780, Daniel Boone came through the Cumberland Gap and found abundant wildlife and fertile fields. He went back to North Carolina and told the folks of this wonderful place he had found. Many of the Revolutionary War soldiers followed him back to Kentucky. There, with the help of land grants, they were able to start a new life.

These pioneers worked hard and other than working hard, worshiping was a very important part of the lives of these families. Worship started out in their homes, but with the number

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of worshippers' growing, so did their determination to have their own church/meeting house. This dream and vision became a reality in 1804, with the building of what is now the second oldest log meeting house in Kentucky. It has 12 corners and is in the shape of a cross with three doors symbolic of the Holy Trinity. It was built during a period of the religious revival known as the Restoration Movement in the South. John Mulkey was the first preacher of record at the Mill Creek Baptist Church with about 150 people attending service regularly. In 1809, a controversy arose over the teachings of Pastor John Mulkey. He struggled with some of the beliefs in the Baptist doctrine and was tried three times for heresy. Finally, it was decided that it was time to choose sides. He told his congregation that those who believed in his teachings to go out the west door and the others to go out the east door. Those who went out the east door went a few hills over and continued building the Mill Creek Baptist Church, which is known today as the Mill Creek Missionary Baptist Church. Pastor John Mulkey's church became The Old Mulkey Meetinghouse. He continued preaching until 1856, delivering over 10,000 sermons in his lifetime. The Old Mulkey Meetinghouse was taken over by the Kentucky Parks in 1931 and has been restored. Today, it is a well visited state historic site, located minutes from several of the Dale Hollow Lake marinas on the north east side of the lake.

The Old Mulkey Meeting House is open to the public year round and is open 7 days a week from 9-5 PM CST. There are picnic shelters and playgrounds to enjoy. It is a very popular place for weddings, family reunions and group pictures due to the beautiful, rustic, and historic setting. Ms. Sheila Rush, Director of the Old Mulkey Meetinghouse, loves to give tours and really appreciates a call beforehand so that she can lead the tours. There are also lots of events at the park including the Monroe County Heritage Festival which takes place each spring. It has a Civil War Interpretive area, crafts, quilts, period clothing and so much more. One of the most unique events is their Easter Dog-Gone Egg Hunt. Dogs and their owners "sniff out" hundreds of treat-filled Easter eggs and the dogs paraded their best "Dog-Gone Bonnets." This is a very unique one-of-a-kind event in the nation and one of the most unusual on Dale Hollow Lake.

For more information about the list of events, to reserve a family or school function, or just visit The Old Mulkey Meeting House, call Sheila Rush at (270) 487-8481 or Bob Greer at the Tompkinsville Inn, (270) 287-9228. For accommodations in the area, try The Tompkinsville Inn, River Breeze or TrouTracs Cabins on the Cumberland River. Call for reservations at (270) 287-9228.

[www.parks.ky.gov/findparks/histparks/om/OldMulkeyStateHistoricSite](http://www.parks.ky.gov/findparks/histparks/om/OldMulkeyStateHistoricSite)  
38 Old Mulkey Park Road • Tompkinsville, KY 42167  
Park Manager: Sheila Rush • 270-487-8481

## PLEASANT GROVE SWINGING BRIDGE



One of the Burckhard's favorite things to do in the spring or fall is to pack a lunch and head over to the Pleasant Grove Family Day Use area and cross the swinging bridge. It is really cool crossing the bridge and hiking around the island. The Pleasant Grove Recreation Area is located on a peninsula on pristine Dale Hollow Lake. It is a perfect place to fish, have a picnic, skip rocks and just hang out. Grant, Blake and I love to bring Austin, our dog, who needs to be on a leash, to the area and just enjoy the scenery. In the fall, the majestic foliage is fantastic about mid to end October. If we time it just right, we can be part of "Top of Cedar Hill's Wesley Tucker Memorial Ride" and eat at Dale Hollow BBQ! The

BBQ in Celina is awesome, making it hard to choose which barbecue to eat. Dale Hollow Barbecue has been around the longest and is known for its sliced shoulder, slow roasted barbecue and homemade sides. Dale Hollow #1 Stop BBQ is known for its succulent hickory roasted pork shoulder and their homemade desserts - perfect food for a picnic. If you are in the mood for something more exotic, try JuJu's paninis, wraps, salads and smoothies. You can order ahead of time and bring your picnic over to the island and just enjoy the fish jumping, the occasional eagle flying overhead, or the waves lapping on shore. This is a perfect afternoon trip with the family or your friends. Don't forget to visit the Dale Hollow Dam and the Dale Hollow Fish Hatchery while you are in the area, they are just minutes away. Located 2 miles north of Celina, (minutes from Cedar Hill

Marina, Dale Hollow Marina and Horse Creek Marina) Pleasant Grove Recreation Area offers boat launching, swimming and a picnic shelter. Part of the Corps of Engineers camping and shelter area program, the picnic shelter needs to be reserved at least two days in advance and can be reserved by visiting their website, [www.lrn.usace.army.mil/op/DAL/rec/day\\_use.htm](http://www.lrn.usace.army.mil/op/DAL/rec/day_use.htm) or by calling, (931)243-3136.

## STANDING STONE STATE PARK



Another really neat event at Dale Hollow Lake each September at Standing Stone State Park is the National Rolley Hole Championship. This is a great event for serious marble players and enthusiasts. Players from all over the region, the country and sometimes the world come to play Rolley Hole marbles at this national event. There are pitches for Tennessee Square, Ringer, GA Rolley Hole and British marbles. This event is world renown and is sponsored by Honest Abe

Log Homes, the premier log home builder/manufacturer in the country, with its national headquarters located in nearby Moss, TN. The event crowns the champion per category. You can feel the intense concentration in the play going on throughout the day. It is really fascinating to sit and watch these gentlemen, bend down on their knees and using that perfect, handmade marble that they have specially chosen to play the game.

In addition to marbles, families can enjoy live bluegrass music, children's activities such as marble making, clay, flint and glass demonstrations, and children's marble games. One of my favorite activities is watching Paul Davis, whom I met at the Rolley Holley Marble Dome in Tompkinsville, Kentucky, make marbles out of flint. We were fascinated by the precision and skill required to make that perfect marble. He demonstrated taking a piece of flint, grinding it down until it became a round marble shape, repeatedly measuring the marble for its circumference until it was perfect. The last step is smoothing it out before it sits in a marble player's hands as he is ready to become the world championship marble thrower.

Tennessee has many excellent parks dotted across the state, and the Dale Hollow Lake region is fortunate to have several parks within minutes or less than an hour away that offer hiking, camping, cabin rentals, swimming, boating,



bird watching and so much more. Standing Stone State Park and Forest covers nearly 11,000 acres of hilly terrain and the geology and natural diversity are very significant. The wooded forests encompass oak and hickory hardwoods, with the more densely wooded areas offering some excellent and abundant spring and summer wildflowers and a wide array of wildlife.

The park was developed during the Great Depression of the 1930's by the federal works program that this area so much benefited from. It was constructed by the CCC, the Civilian Conservation Corps. Standing Stone has three types of cabins — rustic, timber lodge and modern, and has a great, full hook-up

camping area. Standing Stone State Park also offers an Olympic size swimming pool, tennis courts and over 8 miles of hiking trails. There are picnic pavilions, playgrounds and group lodges. Standing Stone State Park is minutes away from the newest marina and restaurant on Dale Hollow Lake — Mitchell Creek Marina and Restaurant and is also close to Horse Creek Marina and minutes from Celina or Livingston, TN. For more information, please contact Standing Stone State Park, 1-800-713-5157 or [www.tnstateparks.com](http://www.tnstateparks.com).

